

Sensory Friendly Concert Pre-Visit Story



in partnership with

MacPhail
CENTER FOR MUSIC

SATURDAY, JULY 29TH | 2PM



There is a lot of parking space at the church.

I am going to a Sensory Friendly
Choir Concert.

The concert is at Gustavus Adolphus
Lutheran Church in St. Paul, Minnesota.



Door #5 is on Larpenteur Ave



Door #1 is on Idaho Ave

There are two entrances to the building.
All entrances lead to the main lobby.



The choir will sing on the stage by the green banners.

The concert is in Luther Hall.

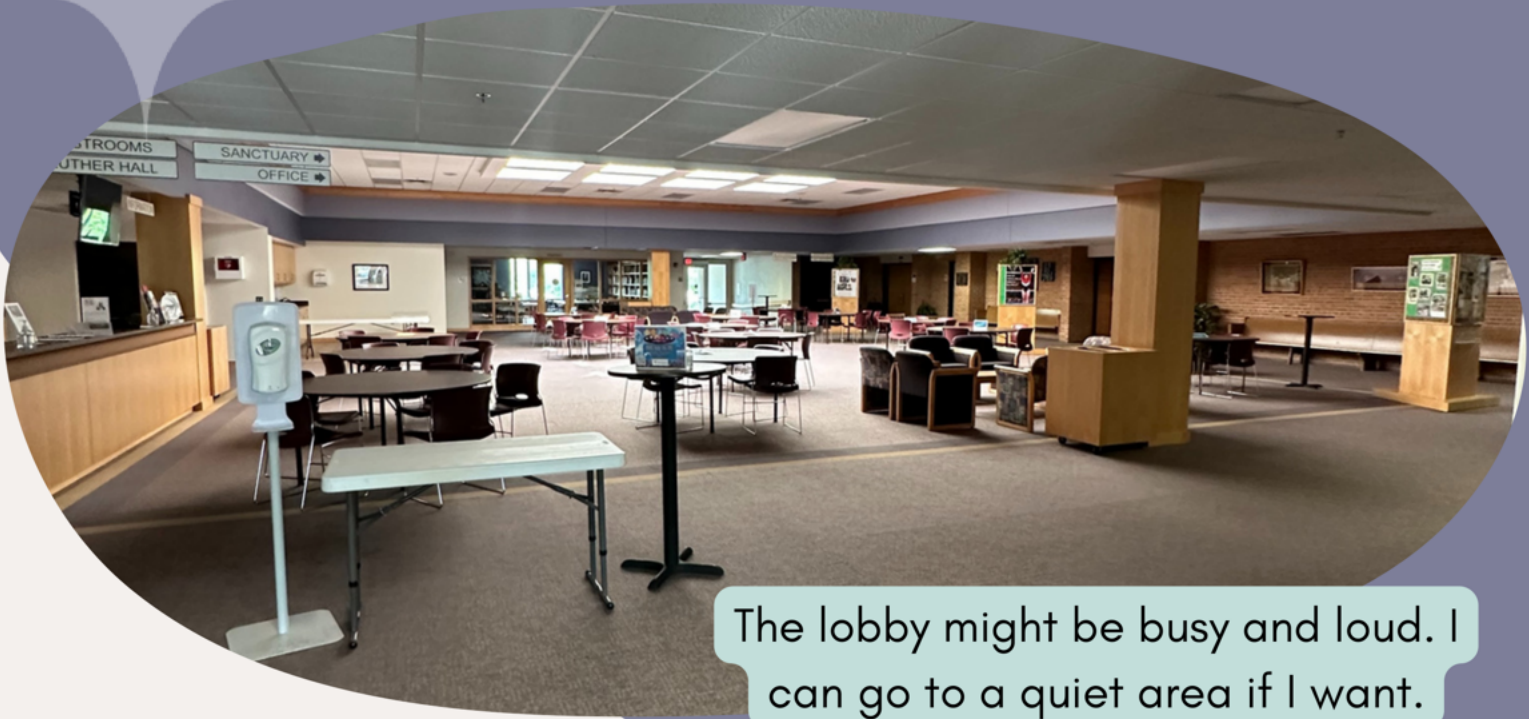
Luther Hall is a large room with bright lighting. I can bring sunglasses if the light is too bright.



There are men, women, and gender neutral bathrooms.

If I need to use the bathroom, there are bathrooms near Luther Hall.

The sound of the toilets flushing or the hand dryers may be loud, but it will only be for a short time.



When I enter the building, I will see a Resource Fair in the lobby.

I can visit the booths and tables to learn more about other sensory friendly events and services.



I can look through the windows to see the instruments

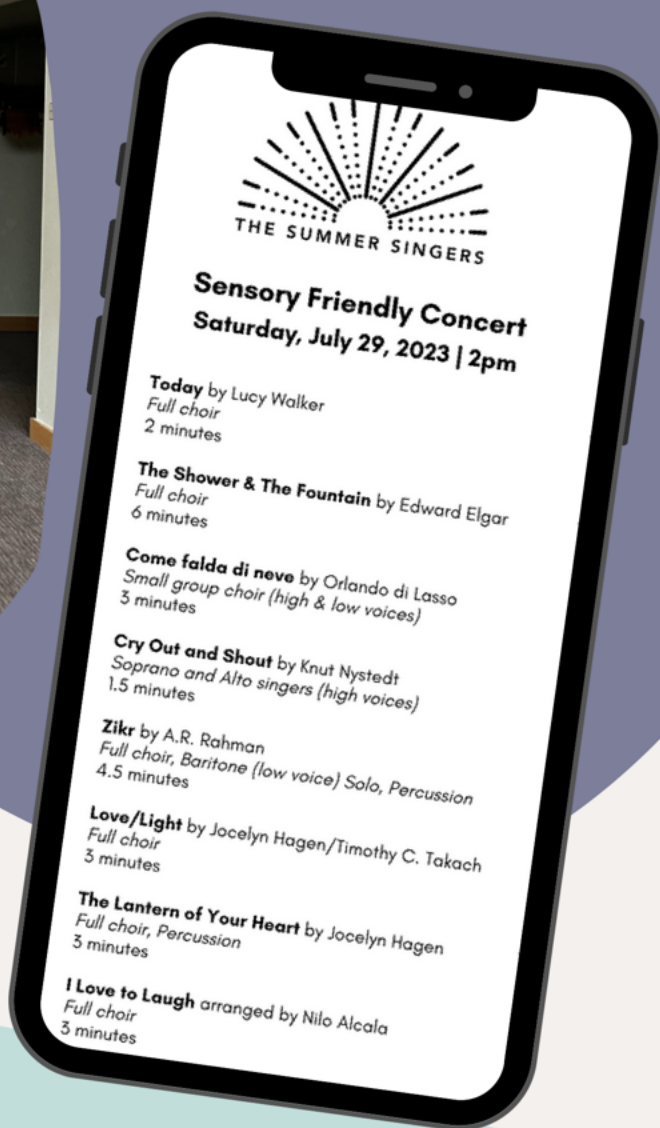


Near the lobby is an Instrument Petting Zoo that I can visit. Music Therapists will show me different instruments and let me get a closer look.

The instruments may be loud, and I can wear earplugs if I want to.



Both doors will be open during the concert.



When I enter Luther Hall, I can take a program guide or view it on a phone or tablet.

It will tell me information about the songs and what I'll hear during the concert.



I can get up if my body needs to move.

During the concert, I can sit in a row of chairs, at a table, or on the floor.

If I like loud sounds, I can sit in front. If I like quieter sounds, I can sit in the back.



I can use instruments, fidgets, or move my body to express myself during the concert.

During the concert, I can make music too. Volunteers will have different instruments that I can borrow and use during the concert. I can return the instruments before I leave.



The doors will be closed and the blinds will be open during the concert.



I can sit or move my body in the Quiet Zone.

If I want to watch and listen to the concert somewhere else, I can find the Quiet Zone across the lobby.

The Quiet Zone will stream the concert on a large TV. I can adjust the volume to be as loud or as quiet as I want.



Volunteers will be wearing Summer Singers Nametags.



Volunteers are helpers at the concert. I can find a volunteer if I have a question and a they will help me.

I can ask a volunteer for ear plugs, fidgets, or a quiet space for my body.



The performers would love to meet you after the concert!



When the concert is done, I can meet the singers and visit the Instrument Petting Zoo again before I go home.